

June
2017

The Gingerbread House



Upcoming Events

- The center will be **CLOSED** July 4th.
- Check out our website for calendars, updated menus, curriculum information, classroom blogs and much more!
- We are proud to announce that **C&S Companies** is a platinum sponsor of our pre-school's Science and Technology Program!



Happy Birthday!

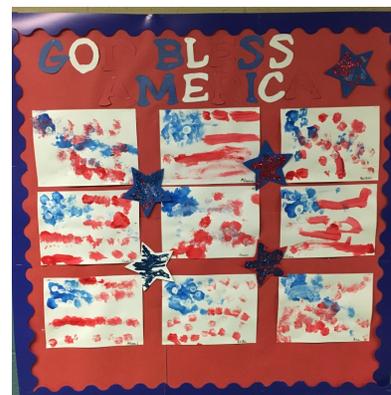
- Amari Aeid 5
- Bernadette Jwaskiewicz 3
- Arianna Lazore 3
- Rowan Smith 3
- Michael Varre 3
- Raegan Jordan 3
- Rashik Bartaula 2
- Leah Riess 2
- Cater Messenger 1
- Emme Ossevoort 1
- Ellianna Searing 1
- Kylie Raus 1

What's New?

We would like to congratulate our pre-schoolers on completing the school year, and for doing such a great job at our Moving Up and Graduation Ceremonies! Our school year curriculum will pick up again in September!



Our summer curriculum began last week, and we are already having a blast! We will be exploring topics such as camping, nursery rhymes, pirates, the ocean and the circus! If you would like a full list of our summer themes, visit our website (www.thegingerbreadhouseofsyracuse.com) and click on the "Newsletters, Curriculum & Classroom Blogs" tab.



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From Dave...

Just a few serious sunburns can increase your child's risk of skin cancer later in life. Kids don't have to be at the pool, beach, or on vacation to get too much sun. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.

- **Seek shade.** UV rays are strongest and most harmful during midday, so it's best to plan indoor activities then. If this is not possible, seek shade under a tree, an umbrella, or a pop-up tent. Use these options to prevent sunburn, not to seek relief after it's happened.
- **Cover up.** When possible, long-sleeved shirts and long pants and skirts can provide protection from UV rays. Clothes made from tightly woven fabric offer the best protection. A wet T-shirt offers much less UV protection than a dry one, and darker colors may offer more protection than lighter colors. Some clothing certified under international standards comes with information on its ultra-violet protection factor.
- **Get a hat.** Hats that shade the face, scalp, ears, and neck are easy to use and give great protection. Baseball caps are popular among kids, but they don't protect their ears and neck. If your child chooses a cap, be sure to protect exposed areas with sunscreen.
- **Wear sunglasses.** They protect your child's eyes from UV rays, which can lead to cataracts later in life. Look for sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible.
- **Apply sunscreen.** Use sunscreen with at least SPF 15 and UVA and UVB (broad spectrum) protection every time your child goes outside. For the best protection, apply sunscreen generously 30 minutes before going outdoors. Don't forget to protect ears, noses, lips, and the tops of feet.

Take sunscreen with you to reapply during the day, especially after your child swims or exercises. This applies to waterproof and water-resistant products as well.

Follow the directions on the package for using a sunscreen product on babies less than 6 months old. All products do not have the same ingredients; if your or your child's skin reacts badly to one product, try another one or call a doctor. Your baby's best defense against sunburn is avoiding the sun or staying in the shade.

Keep in mind, sunscreen is not meant to allow kids to spend more time in the sun than they would otherwise. Try combining sunscreen with other options to prevent UV damage.

As written by CDC

David Cole
Director