

# The Gingerbread House Childcare Center Menu

October 2018

<p><b>Spanish Rice with Black Beans</b> Corn Peaches Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>	<p><b>Grilled Cheese on Wheat Bread</b> Green Beans Fruit Cocktail Milk</p> <p><b><u>PM Snack</u></b> Tomato/Cucumber Salad Milk</p>	<p><b>Macaroni &amp; Cheese</b> Corn Banana Milk</p> <p><b><u>PM Snack</u></b> Animal Crackers Milk</p>	<p><b>WW Pizza</b> Wax Beans Pineapples Milk</p> <p><b><u>PM Snack</u></b> Celery Sticks Milk</p>	<p><b>WW Ham Wrap</b> Carrot Sticks Peaches Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>
<p>Daycare Closed</p> 	<p><b>Egg Salad on Wheat Bread</b> Green Beans Pears Milk</p> <p><b><u>PM Snack</u></b> Carrot Sticks Milk</p>	<p><b>BBQ Rib Sandwich</b> Corn Pineapples Milk</p> <p><b><u>PM Snack</u></b> Pretzels Milk</p>	<p><b>WW Chicken &amp; Cheese Quesadilla</b> Wax Beans Peaches Milk</p> <p><b><u>PM Snack</u></b> Cauliflower Milk</p>	<p><b>WW Pita Pizza</b> Pepper Sticks Banana Milk</p> <p><b><u>PM Snack</u></b> Graham Crackers Milk</p>
<p><b>Grilled Cheese on Wheat Bread</b> Green Beans Pears Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>French Toast Sticks</b> Sausage Hash browns Peaches Milk</p> <p><b><u>PM Snack</u></b> Cucumbers Milk</p>	<p><b>Meatball Sub on Wheat Roll</b> Broccoli Fruit Cocktail Milk</p> <p><b><u>PM Snack</u></b> Banana Milk</p>	<p><b>Chicken Breast with BBQ Sauce</b> Sliced Carrots Oranges Milk</p> <p><b><u>PM Snack</u></b> Pepper Sticks Milk</p>	<p><b>WW Pizza</b> Salad Apple Milk</p> <p><b><u>PM Snack</u></b> Cottage Cheese/Fruit Milk</p>
<p><b>Vegan Chicken Tenders</b> Sliced Carrots Peaches Milk</p> <p><b><u>PM Snack</u></b> Sun Butter/ Crackers Milk</p>	<p><b>WW Ham Wrap</b> Wax Beans Pears Milk</p> <p><b><u>PM Snack</u></b> Celery Sticks Milk</p>	<p><b>Hamburgers on WW Bun</b> Corn Banana Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>	<p><b>Sun Butter &amp; Jelly on Wheat Bread</b> Green Beans Mandarin Oranges Milk</p> <p><b><u>PM Snack</u></b> Carrot Sticks Milk</p>	<p><b>WW Pita Pizza</b> Salad Apples Milk</p> <p><b><u>PM Snack</u></b> Whole Grain Cheez Its Milk</p>
<p><b>Spanish Rice with Black Beans</b> Green Beans Fruit Cocktail Milk</p> <p><b><u>PM Snack</u></b> Graham Crackers Milk</p>	<p><b>Pasta with Meat Sauce</b> Sliced Carrots Pineapples Milk</p> <p><b><u>PM Snack</u></b> Pepper Sticks Milk</p>	<p><b>WW Bean &amp; Cheese Quesadilla</b> Wax Beans Pears Milk</p> <p><b><u>PM Snack</u></b> Pretzels Milk</p>		

AM Snack: Monday, Wednesday, Friday – cereal, fruit, milk  
Tuesday, Thursday – Bagel/Muffin with fruit, milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable.

**Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu  
**October 2018**

<p><b>Spanish Rice with Black Beans</b> Green Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Cereal Breast Milk/Formula</p>	<p><b>Grilled Cheese on Wheat Bread</b> Fruit Cocktail Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>Macaroni &amp; Cheese</b> Sliced Carrots Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Pita Bread Breast Milk/Formula</p>	<p><b>Mozzarella Cheese</b> Pineapples Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Ritz Crackers Breast Milk/Formula</p>	<p><b>WW Ham Wrap</b> Sliced Carrots Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Cereal Breast Milk/Formula</p>
<p>Daycare Closed</p> 	<p><b>Egg Salad on Wheat Bread</b> Green Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>BBQ Rib Sandwich</b> Pineapples Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Pita Bread Breast Milk/Formula</p>	<p><b>WW Chicken &amp; Cheese Quesadilla</b> Wax Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Ritz Crackers Breast Milk/Formula</p>	<p><b>Mozzarella Cheese</b> Banana Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Cereal Breast Milk/Formula</p>
<p><b>Grilled Cheese on Wheat Bread</b> Pears Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Cereal Breast Milk/Formula</p>	<p><b>Sausage</b> Hash Browns Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>Vegan Meatball Sub</b> Broccoli Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Pita Bread Breast Milk/Formula</p>	<p><b>Chicken Breast with BBQ Sauce</b> Oranges Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Ritz Crackers Breast Milk/Formula</p>	<p><b>Mozzarella Cheese</b> Wax Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Cereal Breast Milk/Formula</p>
<p><b>Vegan Chicken Tenders</b> Sliced Carrots Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>WW Ham Wrap</b> Pears Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>Hamburgers on WW Bun</b> Wax Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Pita Bread Breast Milk/Formula</p>	<p><b>Sun Butter &amp; Jelly on Wheat Bread</b> Oranges Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Ritz Crackers Breast Milk/Formula</p>	<p><b>Mozzarella Cheese</b> Green Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Ritz Crackers Breast Milk/Formula</p>
<p><b>Spanish Rice with Black Beans</b> Fruit Cocktail Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>Pasta with Meat Sauce</b> Sliced Carrots Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Saltine Crackers Breast Milk/Formula</p>	<p><b>WW Bean &amp; Cheese Quesadilla</b> Wax Beans Breast Milk/Formula</p> <p><b><u>PM Snack</u></b> Pita Bread Breast Milk/Formula</p>		

AM Snack: Monday - Friday – Iron-Fortified infant cereal, fruit, Breast Milk or Iron-fortified Formula

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron  
 Parent's Choice Infant Formula with Iron  
 Wegman's Premium Infant Formula with Iron

PM Snack: Cereals Provided: Toasted Oats, Crisp Rice, Crispix, Rice Chex or Life

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Menu is subject to Change**