



The Gingerbread House Childcare Center Menu

November 2018

			Sun Butter & Jelly on Wheat Bread Cheese Stick Green Beans Peaches Milk PM Snack Whole Grain Cheez Its Milk	WW Ham Wrap Salad Banana Milk PM Snack Graham Crackers Milk
Grilled Cheese on Wheat Bread Sliced Carrots Oranges Milk PM Snack Pita Bread/Jelly Milk	BBQ Chicken on Wheat Bun Wheat Bread Green Beans Pears Milk PM Snack Carrot Sticks Milk	WW Pasta with Meat Sauce Corn Pineapples Milk PM Snack Pretzels Milk	Vegan Chicken Tenders Wheat Bread Wax Beans Peaches Milk PM Snack Cauliflower Milk	WW Turkey Wrap Carrot Sticks Pears Milk PM Snack Rice Cakes Milk
Egg Salad on Wheat Bread Green Beans Pears Milk PM Snack Goldfish Milk	Meatball Sub on Wheat Roll Peaches Milk PM Snack Cucumbers Milk	Spanish Rice with Black Beans Broccoli Fruit Cocktail Milk PM Snack Whole Grain Cheez Its Milk	WW Bean & Cheese Quesadilla Wax Beans Pineapples Milk PM Snack Celery Sticks Milk	WW Pizza Salad Apple Milk PM Snack Animal Crackers Milk
Sun Butter & Jelly on Wheat Bread Cheese Stick Sliced Carrots Peaches Milk PM Snack Sun Butter/ Crackers Milk	BBQ Rib on Wheat Bun Wax Beans Pears Milk PM Snack Broccoli with Dip Milk	Ravioli with Meat Sauce Wheat Bread Corn Banana Milk PM Snack Goldfish Milk	Daycare Closed 	Daycare Closed 
WW Ham & Cheese Wrap Green Beans Fruit Cocktail Milk PM Snack Graham Crackers Milk	Chicken with Sauce Wheat Bread Sliced Carrots Pineapples Milk PM Snack Pepper Sticks Milk	WW Pasta with Meat Sauce Wax Beans Pears Milk PM Snack Pretzels Milk	WW Chicken & Cheese Quesadilla Green Beans Mandarin Oranges Milk PM Snack Carrot Sticks Milk	WW Pita Pizza Salad Apples Milk PM Snack Whole Grain Cheez Its Milk
Monday Breakfast Toasted Oats Applesauce Milk	Tuesday Breakfast Muffin Fruit Cocktail Milk	Wednesday Breakfast Life Mandarin Oranges Milk	Thursday Breakfast Bagel Pears Milk	Friday Breakfast Rice Chex Peaches Milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu

November 2018

Week of 11/1-11/2	AM Breakfast	Lunch	PM Snack
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Ham Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/5-11/9	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cheese stick Sliced Carrots Mandarin Oranges	Breast Milk or iron-fortified formula
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Turkey Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/12-11/16	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Eggs Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Yogurt Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Black Beans Broccoli Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

The Gingerbread House Childcare Center **6-12 month** Menu November 2018

Week of 11/19-11/23	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cheese Stick Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Daycare Closed Happy Thanksgiving	Daycare Closed Happy Thanksgiving	Daycare Closed Happy Thanksgiving
Friday	Daycare Closed	Daycare Closed	Daycare Closed

Week of 11/26-11/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Ham Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Sliced Carrots	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Turkey Green Beans Mandarin Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

Menu is subject to Change