



The Gingerbread House Childcare Center Menu

January 2019

	<p>Daycare Closed</p> 	<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Sliced Carrots Fruit Cocktail Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>Vegan Chicken Tenders Wheat Bread Wax Beans Peaches Milk</p> <p><u>PM Snack</u> Whole Grain Cheez Its Milk</p>	<p>WW Ham & Cheese Wrap Green Beans Pears Milk</p> <p><u>PM Snack</u> Cheese/Crackers Milk</p>
<p>Grilled Cheese on Wheat Bread Sliced Carrots Oranges Milk</p> <p><u>PM Snack</u> Pita Bread/Jelly Milk</p>	<p>BBQ Chicken on Wheat Bun Wheat Bread Green Beans Pears Milk</p> <p><u>PM Snack</u> Pepper Sticks Milk</p>	<p>WW Pasta with Meat Sauce Corn Pineapples Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>WW Bean & Cheese Quesadilla Wax Beans Peaches Milk</p> <p><u>PM Snack</u> Cauliflower Milk</p>	<p>WW Pita Pizza Salad Banana Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>
<p>WW Turkey Wrap Carrot Sticks Peaches Milk</p> <p><u>PM Snack</u> Cheese/Crackers Milk</p>	<p>Hamburger on Wheat Bun Wax Beans Pears Milk</p> <p><u>PM Snack</u> Cucumbers with Dip Milk</p>	<p>Spanish Rice with Turkey Broccoli Fruit Cocktail Milk</p> <p><u>PM Snack</u> Whole Grain Cheez Its Milk</p>	<p>WW Chicken Wrap Lettuce/Tomatoes Mandarin Oranges Milk</p> <p><u>PM Snack</u> Celery Sticks Milk</p>	<p>WW Pizza Green Beans Apple Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Sliced Carrots Fruit Cocktail Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>BBQ Rib on Wheat Bun Wax Beans Pears Milk</p> <p><u>PM Snack</u> Broccoli with Dip Milk</p>	<p>Ravioli with Meat Sauce Wheat Bread Corn Peaches Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>WW Pancakes Sausage Hash Browns Pineapples Milk</p> <p><u>PM Snack</u> Carrot Sticks Milk</p>	<p>WW Pita Pizza Salad Banana Milk</p> <p><u>PM Snack</u> Whole Grain Cheez Its Milk</p>
<p>WW Ham & Cheese Wrap Green Beans Pears Milk</p> <p><u>PM Snack</u> Cheese/Crackers Milk</p>	<p>Chicken with Sauce Wheat Bread Sliced Carrots Pineapples Milk</p> <p><u>PM Snack</u> Pepper Sticks Milk</p>	<p>WW Macaroni & Cheese Corn Banana Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p>	<p>WW Bean & Cheese Quesadilla Wax Beans Peaches Milk</p> <p><u>PM Snack</u> Cauliflower Milk</p>	
<p><u>Monday Breakfast</u> Crisp Rice Applesauce Milk</p>	<p><u>Tuesday Breakfast</u> Muffin Fruit Cocktail Milk</p>	<p><u>Wednesday Breakfast</u> Crispix Mandarin Oranges Milk</p>	<p><u>Thursday Breakfast</u> Bagel Pears Milk</p>	<p><u>Friday Breakfast</u> Toasted Oats Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu January 2019

Week of 1/1- 1/4	AM Breakfast	Lunch	PM Snack
Tuesday	Daycare Closed	Daycare Closed	Daycare Closed
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cheese Stick Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Ham Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/7-1/11	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cheese stick Sliced Carrots Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Peas Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/14-1/18	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Turkey Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Broccoli Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Mandarin Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/21-1/25	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Saltine Crackers Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Yogurt Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Peas Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ham Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/28-1/31	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Carrots Pineapple	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cheese Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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