



The Gingerbread House Childcare Center Menu

April 2019

<p>WW Pita Pizza Sliced Carrots Pears Milk</p> <p>PM Snack Pita Bread/Jelly Milk</p>	<p>Diced Turkey with Gravy Wheat Bread Corn Mashed Potatoes Peaches Milk</p> <p>PM Snack Yogurt/Fruit Milk</p>	<p>Pancakes Sausage Hash Browns Banana Milk</p> <p>PM Snack Whole Grain Cheez Its Milk</p>	<p>WW Chicken Wrap Lettuce/Tomatoes Mandarin Oranges Milk</p> <p>PM Snack Celery Sticks Milk</p>	<p>WW Turkey & Cheese Wrap Green Beans Pears Milk</p> <p>PM Snack Graham Crackers Milk</p>
<p>Grilled Cheese on Wheat Bread Sliced Carrots Oranges Milk</p> <p>PM Snack Goldfish Milk</p>	<p>Hamburger on Wheat Bun Green Beans Pears Milk</p> <p>PM Snack Pepper Sticks Milk</p>	<p>Vegan Chicken Tenders Wheat Bread Wax Beans Peaches Milk</p> <p>PM Snack Pretzels Milk</p>	<p>WW Pasta with Meat Sauce Corn Pineapples Milk</p> <p>PM Snack Broccoli Milk</p>	<p>WW Pita Pizza Salad Banana Milk</p> <p>PM Snack Rice Cakes Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Green Beans Fruit Cocktail Milk</p> <p>PM Snack Goldfish Milk</p>	<p>BBQ Chicken on Wheat Bun Wax Beans Pears Milk</p> <p>PM Snack Cucumbers with Dip Milk</p>	<p>Spanish Rice with Beef Wheat Bread Sliced Carrots Apple Milk</p> <p>PM Snack Banana Milk</p>	<p>WW Pita Pizza Salad Mandarin Oranges Milk</p> <p>PM Snack Graham Crackers Milk</p>	<p>Daycare Closed</p> 
<p>WW Turkey Wrap Carrot Sticks Peaches Milk</p> <p>PM Snack Graham Crackers Milk</p>	<p>BBQ Rib on Wheat Bun Wax Beans Pears Milk</p> <p>PM Snack Apple Milk</p>	<p>Ravioli with Meat Sauce Wheat Bread Corn Peaches Milk</p> <p>PM Snack Goldfish Milk</p>	<p>French Toast Sausage Hash Browns Pineapples Milk</p> <p>PM Snack Whole Grain Cheez Its Milk</p>	<p>WW Pita Pizza Salad Orange Milk</p> <p>PM Snack Cottage Cheese/Fruit Milk</p>
<p>WW Ham & Cheese Wrap Green Beans Pears Milk</p> <p>PM Snack Cheese/Crackers Milk</p>	<p>Chicken with Sauce Wheat Bread Sliced Carrots Apple Milk</p> <p>PM Snack Pepper Sticks Milk</p>			
<p>Monday Breakfast Crisp Rice Applesauce Milk</p>	<p>Tuesday Breakfast Muffin Fruit Cocktail Milk</p>	<p>Wednesday Breakfast Crispix Mandarin Oranges Milk</p>	<p>Thursday Breakfast Bagel Pears Milk</p>	<p>Friday Breakfast Toasted Oats Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu April 2019

Week of 4/1- 4/5	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Turkey Green Beans Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Wax Beans Mandarin Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Tukey Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/8-4/12	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Turkey Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Wax Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/15-4/19	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Mandarin Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
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Week of 4/22-4/26	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Peas Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/29-4/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Carrots Mixed Fruit	Breast Milk or iron-fortified formula Saltine Crackers Applesauce

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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