

The Gingerbread House Childcare Center Menu

March 2019

				WW Turkey & Cheese Wrap Green Beans Pears Milk PM Snack Graham Crackers Milk
Grilled Cheese on Wheat Bread Sliced Carrots Oranges Milk PM Snack Pita Bread/Jelly Milk	BBQ Chicken on Wheat Bun Wheat Bread Green Beans Pears Milk PM Snack Pepper Sticks Milk	WW Pasta with Meat Sauce Corn Pineapples Milk PM Snack Pretzels Milk	Vegan Chicken Tenders Wheat Bread Wax Beans Peaches Milk PM Snack Broccoli Milk	WW Pita Pizza Salad Banana Milk PM Snack Rice Cakes Milk
Sun Butter & Jelly on Wheat Bread Cheese Stick Sliced Carrots Fruit Cocktail Milk PM Snack Goldfish Milk	Hamburger on Wheat Bun Wax Beans Pears Milk PM Snack Cucumbers with Dip Milk	Spanish Rice with Beef Sliced Carrots Fruit Cocktail Milk PM Snack Whole Grain Cheez Its Milk	WW Ham & Cheese Wrap Salad Oranges Milk PM Snack Graham Crackers Milk	WW Pita Pizza Green Beans Apple Milk PM Snack Animal Crackers Milk
WW Turkey Wrap Carrot Sticks Peaches Milk PM Snack Graham Crackers Milk	BBQ Rib on Wheat Bun Wax Beans Pears Milk PM Snack Broccoli with Dip Milk	Ravioli with Meat Sauce Wheat Bread Corn Peaches Milk PM Snack Goldfish Milk	WW Pancakes Sausage Hash Browns Pineapples Milk PM Snack Carrot Sticks Milk	WW Pita Pizza Salad Oranges Milk PM Snack Whole Grain Cheez Its Milk
WW Ham & Cheese Wrap Green Beans Pears Milk PM Snack Cheese/Crackers Milk	Chicken with Sauce Wheat Bread Sliced Carrots Pineapples Milk PM Snack Pepper Sticks Milk	WW Macaroni & Cheese Corn Banana Milk PM Snack Trail Mix Milk	WW Bean & Cheese Quesadilla Wax Beans Peaches Milk PM Snack Cauliflower Milk	WW Pita Pizza Sliced Carrots Pears Milk PM Snack Pretzels Milk
Monday Breakfast Rice Chex Applesauce Milk	Tuesday Breakfast Muffin Fruit Cocktail Milk	Wednesday Breakfast Life Mandarin Oranges Milk	Thursday Breakfast Bagel Pears Milk	Friday Breakfast Toasted Oats Peaches Milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu March 2019

Week of 2/28- 3/1	AM Breakfast	Lunch	PM Snack
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Diced Turkey Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/4-3/8	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Peas Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/11-3/15	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Turkey Peas Mandarin Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/18-3/22	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Peas Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/25-3/29	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Carrots Pineapple	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cheese Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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