

The Gingerbread House Childcare Center Menu

June 2019

				
<p>Grilled Cheese on Wheat Bread Sliced Carrots Oranges Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>Hamburger on Wheat Bun Green Beans Pears Milk</p> <p><u>PM Snack</u> Celery Sticks Milk</p>	<p>WW Pasta with Meat Sauce Corn Banana Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>	<p>Pancakes Sausage Hash Browns Pineapples Milk</p> <p><u>PM Snack</u> Broccoli Milk</p>	<p>WW Turkey & Cheese Wrap Salad Oranges Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Green Beans Fruit Cocktail Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>BBQ Chicken on Wheat Bun Corn Watermelon Milk</p> <p><u>PM Snack</u> Cucumbers with Dip Milk</p>	<p>Macaroni & Cheese Sliced Carrots Pears Milk</p> <p><u>PM Snack</u> Banana Milk</p>	<p>WW Chicken Wrap Lettuce/Tomatoes Cheddar Cheese Apple Milk</p> <p><u>PM Snack</u> Yogurt/Fruit Milk</p>	<p>WW Pita Pizza Wax Beans Fruit Cocktail Milk</p> <p><u>PM Snack</u> Whole Grain Cheez Its Milk</p>
<p>WW Turkey Wrap Carrot Sticks Peaches Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>	<p>BBQ Rib on Wheat Bun Wax Beans Pears Milk</p> <p><u>PM Snack</u> Apple Milk</p>	<p>Ravioli with Meat Sauce Wheat Bread Corn Banana Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>French Toast Sausage Hash Browns Pineapples Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>WW Pita Pizza Salad Orange Milk</p> <p><u>PM Snack</u> Cottage Cheese/Fruit Milk</p>
<p>WW Ham & Cheese Wrap Green Beans Pears Milk</p> <p><u>PM Snack</u> Cheese/Crackers Milk</p>	<p>Vegan Chicken Wheat Bread Sliced Carrots Mandarin Oranges Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Spanish Rice with Beef Corn Applesauce Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p>	<p>WW Cheese & Bean Quesadilla Wax Beans Peaches Milk</p> <p><u>PM Snack</u> Carrot Sticks Milk</p>	<p>Pizza Green Beans Watermelon Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>
<p><u>Monday Breakfast</u> Toasted Oats Applesauce Milk</p>	<p><u>Tuesday Breakfast</u> Muffin Fruit Cocktail Milk</p>	<p><u>Wednesday Breakfast</u> Crispix Mandarin Oranges Milk</p>	<p><u>Thursday Breakfast</u> Bagel Pears Milk</p>	<p><u>Friday Breakfast</u> Life Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu June 2019

Week of 6/3- 6/7	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Wax Beans Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Turkey Green Beans Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 6/10-6/14	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Watermelon	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 6/17-6/21	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Turkey Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ham Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Sliced Carrots	Breast Milk or iron-fortified formula Pita Bread Peaches

		Banana	
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Peas Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 6/24-6/28	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Sliced Carrots Oranges	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Peas Applesauce	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Watermelon	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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