




The Gingerbread House Childcare Center Menu

SEPTEMBER 2019

<p>Daycare Closed</p> 	<p>WW Ham & Cheese Wrap Green Beans Peaches Milk</p> <p>PM Snack Animal Crackers Milk</p>	<p>WW Pasta with Meat Sauce Corn Banana Milk</p> <p>PM Snack Goldfish Milk</p>	<p>Breaded Chicken WW Bread Wax Beans Apples Milk</p> <p>PM Snack Graham Crackers Milk</p>	<p>WW Pita Pizza Salad Clementine's Milk</p> <p>PM Snack Rice Cakes Milk</p>
<p>Grilled Cheese on Wheat Bread Sliced Carrots Blueberries Milk</p> <p>PM Snack Goldfish Milk</p>	<p>Hamburger on Wheat Bun Green Beans Apples Milk</p> <p>PM Snack Pretzels Milk</p>	<p>Ravioli with Meat Sauce WW Bread Corn Pears</p> <p>PM Snack Graham Crackers Milk</p>	<p>French Toast Sticks Hash Browns Sausage Watermelon Milk</p> <p>PM Snack Pita Bread with Jelly Milk</p>	<p>WW Pita Pizza Cucumber/Tomato Salad Banana Milk</p> <p>PM Snack Rice Cakes Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Green Beans Fruit Cocktail Milk</p> <p>PM Snack Goldfish Milk</p>	<p>BBQ Rib on Wheat Bun Corn Watermelon Milk</p> <p>PM Snack Cucumbers with Dip Milk</p>	<p>WW Pasta Salad with Ham & Cheese Sliced Carrots Peaches Milk</p> <p>PM Snack Yogurt/Fruit Milk</p>	<p>Meatball Sub on WW Bun Corn Blueberries Milk</p> <p>PM Snack Crackers and Sun Butter Milk</p>	<p>WW Pita Pizza Wax Beans Banana Milk</p> <p>PM Snack Whole Grain Cheez Its Milk</p>
<p>WW Turkey Wrap Carrot Sticks Oranges Milk</p> <p>PM Snack Graham Crackers Milk</p>	<p>Vegan Chicken Wheat Bread Corn Banana Milk</p> <p>PM Snack Apple Milk</p>	<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Wax Beans Cantaloupe Milk</p> <p>PM Snack Goldfish Milk</p>	<p>WW Cheese & Bean Quesadilla Green Beans Blueberries Milk</p> <p>PM Snack Cheese & Crackers Milk</p>	<p>WW Pita Pizza Salad Apple Milk</p> <p>PM Snack Animal Crackers</p>
<p>WW Ham & Cheese Wrap Celery Sticks Peaches Milk</p> <p>PM Snack Cheese/Crackers Milk</p>				
<p>Monday Breakfast Rice Chex Applesauce Milk</p>	<p>Tuesday Breakfast Muffin Fruit Cocktail Milk</p>	<p>Wednesday Breakfast Toasted Oats Mandarin Oranges Milk</p>	<p>Thursday Breakfast Bagel Pears Milk</p>	<p>Friday Breakfast Life Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable.

Menu is subject to Change

The Gingerbread House Childcare Center **6-12 month** Menu

SEPTEMBER 2019

Week of 9/2- 9/6	AM Breakfast	Lunch	PM Snack
Monday	Daycare Closed	Daycare Closed	Daycare Closed
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Ham Green Beans Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Wax Beans Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/9-9/13	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Yogurt Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ham Peas Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Wax Beans Watermelon	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/16-9/20	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Yogurt Wax Beans Watermelon	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ham Sliced Carrots Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
--------	--	---	--

Week of 9/23-9/27	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Turkey Sliced Carrots Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Wax Beans Cantaloupe	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Turkey Green Beans Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 9/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Ham Green Beans Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

Menu is subject to Change