

The Gingerbread House Childcare Center Menu

March 2020

<p>Meatball Sub on WW Bun Sliced Carrots Pears Milk</p> <p>PM Snack Crackers and Sun Butter Milk</p>	<p>Macaroni & Cheese with Ham WW Bread Corn Apples Milk</p> <p>PM Snack Pretzels Milk</p>	<p>Cheese Ravioli w/Meat Sauce Wax Beans Peaches Milk</p> <p>PM Snack Goldfish Milk</p>	<p>Spanish Rice Peas Blueberries Milk</p> <p>PM Snack Graham Cracker Milk</p>	<p>Sun Butter & Jelly on Wheat Braed Green Beans Banana Milk</p> <p>PM Snack Whole Grain Cheez Its Milk</p>
<p>BBQ Chicken on Wheat Bun Wax Beans Fruit Cocktail Milk</p> <p>PM Snack Pretzels Milk</p>	<p>Pasta with Meat Sauce Wheat Bread Corn Pears Milk</p> <p>PM Snack Cucumbers with Dip Milk</p>	<p>Hamburger on Wheat Bun Peas Peaches Milk</p> <p>PM Snack Animal Crackers Milk</p>	<p>WW Ham & Cheese Wrap Green Beans Oranges Milk</p> <p>PM Snack Rice Cakes Milk</p>	<p>WW Pizza Salad Apples Milk</p> <p>PM Snack Cheese & Crackers Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Cheese Stick Green Beans Fruit Cocktail Milk</p> <p>PM Snack Goldfish Milk</p>	<p>French Toast Sticks Hash Browns Sausage Pears Milk</p> <p>PM Snack Apple Milk</p>	<p>Diced Turkey with Gravy Mashed Potato Green Beans Banana Milk</p> <p>PM Snack Graham Crackers Milk</p>	<p>BBQ Ribs on Wheat Bun Corn Oranges Milk</p> <p>PM Snack Rice Cakes Milk</p>	<p>WW Pita Pizza Tomato/Cucumber Salad Applesauce Milk</p> <p>PM Snack Animal Crackers Milk</p>
<p>Vegan Tenders WW Bread Peas Oranges Milk</p> <p>PM Snack Pita Bread with Jelly Milk</p>	<p>Grilled Cheese Pita Wax Beans Pears Milk</p> <p>PM Snack Goldfish Milk</p>	<p>Chicken with Sauce WW Bread Corn Banana Milk</p> <p>PM Snack Pretzels Milk</p>	<p>Pancakes Hash Browns Sausage Pineapples Milk</p> <p>PM Snack Graham Cracker Milk</p>	<p>WW Pizza Green Beans Fruit Cocktail Milk</p> <p>PM Snack Banana Milk</p>
<p>WW Ham & Cheese Wrap Carrot Sticks Peaches Milk</p> <p>PM Snack Apple Milk</p>	<p>Cheese Ravioli w/Meat Sauce Wax Beans Pineapples Milk</p> <p>PM Snack Animal Crackers Milk</p>			
<p>Monday Breakfast Crispix Applesauce Milk</p>	<p>Tuesday Breakfast Muffin Fruit Cocktail Milk</p>	<p>Wednesday Breakfast Toasted Oats Mandarin Oranges Milk</p>	<p>Thursday Breakfast Bagel Pears Milk</p>	<p>Friday Breakfast Crisp Rice Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu

March 2020

Week of 3/2-3/6	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Ham Peas Applesauce	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Wax Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Peas Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Yogurt Green Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/9-3/13	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Chicken Wax Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Peas Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Bean Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/16-3/20	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Green Beans Banana	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/23-3/27	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Ham Peas Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Breast Sliced Carrots Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Peas Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 3/30-3/31	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Ham Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Wax Beans Pineapples	Breast Milk or iron-fortified formula Saltine Crackers Applesauce

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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