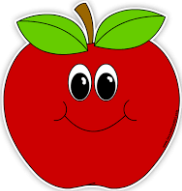




The Gingerbread House Childcare Center Menu

September 2020

| | | | | |
|--|--|--|--|---|
|  | <p>WW Chicken Wrap Lettuce/Tomatoes Cheddar Cheese Oranges Milk</p> <p><u>PM Snack</u> Pretzels Milk</p> | <p>WW Turkey Wrap Green Beans Pears Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p> | <p>Hamburger on Wheat Bun Corn on the Cob Watermelon Milk</p> <p><u>PM Snack</u> Graham Cracker Milk</p> | <p>WW Pizza Wax Beans Blueberries Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p> |
| <p>Daycare Closed</p>  <p>Labor Day</p> | <p>BBQ Rib on WW Bun Peas Oranges Milk</p> <p><u>PM Snack</u> Sun Butter & Crackers Milk</p> | <p>WW Pasta Salad with Ham & Cheese Broccoli Peaches Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p> | <p>Baked Chicken WG Rice Corn Pineapples Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p> | <p>WW Pita Pizza Sliced Carrots Banana Milk</p> <p><u>PM Snack</u> Goldfish Milk</p> |
| <p>WW Ham & Cheese Wrap Wax Beans Peaches Milk</p> <p><u>PM Snack</u> Goldfish Milk</p> | <p>Pancakes Hash Browns Sausage Oranges Milk</p> <p><u>PM Snack</u> Pita with Jelly Milk</p> | <p>Cheese Ravioli with Meat Sauce Green Beans Banana Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p> | <p>Chicken & Cheese Quesadilla Corn Watermelon Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p> | <p>WW Pizza Tomato/Cucumber Salad Applesauce Milk</p> <p><u>PM Snack</u> Graham Crackers Milk</p> |
| <p>Vegan Chicken Tenders Peas Oranges Milk</p> <p><u>PM Snack</u> Sun Butter & Crackers Milk</p> | <p>Grilled Cheese Pita Sliced Carrots Pears Milk</p> <p><u>PM Snack</u> Apple Milk</p> | <p>Chicken with Sauce WW Bread Corn Pineapples Milk</p> <p><u>PM Snack</u> Pretzels Milk</p> | <p>French Toast Sticks Hash Browns Sausage Blueberries Milk</p> <p><u>PM Snack</u> Graham Cracker Milk</p> | <p>WW Pita Pizza Green Beans Fruit Cocktail Milk</p> <p><u>PM Snack</u> Banana Milk</p> |
| <p>Sun Butter & Jelly on Wheat Bread Wax Beans Cheese Stick Peaches Milk</p> <p><u>PM Snack</u> Apple Milk</p> | <p>Pasta with Meat Sauce Peas Pears Milk</p> <p><u>PM Snack</u> Yogurt & Fruit Milk</p> | <p>Turkey & Gravy Sliced Bread Corn Mashed Potatoes Fruit Cocktail Milk</p> <p><u>PM Snack</u> Pretzels Milk</p> |  | |
| <p><u>Monday Breakfast</u> Toasted Oats Applesauce Milk</p> | <p><u>Tuesday Breakfast</u> Muffin Fruit Cocktail Milk</p> | <p><u>Wednesday Breakfast</u> Life Mandarin Oranges Milk</p> | <p><u>Thursday Breakfast</u> Bagel Pears Milk</p> | <p><u>Friday Breakfast</u> Rice Chex Peaches Milk</p> |

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu September 2020

| Week of 9/1 – 9/4 | AM Breakfast | Lunch | PM Snack |
|-------------------|---|--|---|
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail | Breast Milk or iron-fortified formula Chicken Sliced Carrots Applesauce | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Diced Turkey Green Beans Oranges | Breast Milk or iron-fortified formula Pita Bread Peaches |
| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Yogurt Peas Watermelon | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
| Friday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Blueberries | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |

| Week of 9/7 - 9/11 | AM Breakfast | Lunch | PM Snack |
|--------------------|---|--|---|
| Monday | DAYCARE CLOSED- LABOR DAY | DAYCARE CLOSED- LABOR DAY | DAYCARE CLOSED- LABOR DAY |
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail | Breast Milk or iron-fortified formula Yogurt Peas Watermelon | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Diced Ham Broccoli Peaches | Breast Milk or iron-fortified formula Pita Bread Peaches |
| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Chicken Green Bean Pineapples | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
| Friday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Banana | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |

| Week of 9/14 - 9/18 | AM Breakfast | Lunch | PM Snack |
|---------------------|---|--|---|
| Monday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce | Breast Milk or iron-fortified formula Diced Ham Wax Beans Peaches | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail | Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Oranges | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Ground Beef Green Beans Banana | Breast Milk or iron-fortified formula Pita Bread Peaches |
| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Chicken Peas Watermelon | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
| Friday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |

| Week of 9/21 - 9/25 | AM Breakfast | Lunch | PM Snack |
|---------------------|---|---|---|
| Monday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce | Breast Milk or iron-fortified formula Diced Ham Peas Oranges | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail | Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pears | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Chicken Breast Wax Beans Pineapples | Breast Milk or iron-fortified formula Pita Bread Peaches |
| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Yogurt Sliced Carrots Blueberries | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
| Friday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches | Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |

| Week of 9/28 – 9/30 | AM Breakfast | Lunch | PM Snack |
|---------------------|---|---|---|
| Monday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce | Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Peaches | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail | Breast Milk or iron-fortified formula Ground Beef Peas Pears | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Fruit Cocktail | Breast Milk or iron-fortified formula Pita Bread Peaches |

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

Menu is subject to Change