

The Gingerbread House Childcare Center Menu

November 2020

<p>Macaroni & Cheese Green Beans Apples Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Daycare Closed</p> 	<p>Spanish Rice Corn Banana Milk</p> <p><u>PM Snack</u> Graham Cracker Milk</p>	<p>WW Ham & Cheese Wrap Peas Pears Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>	<p>WW Pizza Wax Beans Blueberries Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>
<p>Pancakes Hash Browns Sausage Oranges Milk</p> <p><u>PM Snack</u> Pita with Jelly Milk</p>	<p>Pasta with Meat Sauce Peas Oranges Milk</p> <p><u>PM Snack</u> Cheese & Crackers Milk</p>	<p>Baked Chicken WG Rice Corn Pineapples Milk</p> <p><u>PM Snack</u> Apple Milk</p>	<p>Sun Butter & Jelly on Wheat Bread Wax Beans Cheese Stick Peaches Milk</p> <p><u>PM Snack</u> Rice Cakes Milk</p>	<p>WW Pita Pizza Sliced Carrots Banana Milk</p> <p><u>PM Snack</u> Goldfish Milk</p>
<p>Chicken & Pasta Bake Corn Pineapples Milk</p> <p><u>PM Snack</u> Trail Mix Milk</p>	<p>Hamburger on Wheat Bun Corn on the Cob Fruit Cocktail Milk</p> <p><u>PM Snack</u> Yogurt & Fruit Milk</p>	<p>Cheese Ravioli with Meat Sauce Green Beans Banana Milk</p> <p><u>PM Snack</u> Animal Crackers Milk</p>	<p>Turkey Sub Wax Beans Pears Milk</p> <p><u>PM Snack</u> WG Cheez Its Milk</p>	<p>Bagel Pizza Tomato/Cucumber Salad Applesauce Milk</p> <p><u>PM Snack</u> Pita with Jelly Milk</p>
<p>Meatball Sub Peas Mandarin Oranges Milk</p> <p><u>PM Snack</u> Sun Butter & Crackers Milk</p>	<p>Grilled Cheese Pita Sliced Carrots Pears Milk</p> <p><u>PM Snack</u> Apple Milk</p>	<p>Chicken with Sauce WW Bread Corn Peaches Milk</p> <p><u>PM Snack</u> Pretzels Milk</p>	<p>Daycare Closed</p> 	<p>Daycare Closed</p> 
<p>Hummus Pita Bread Cucumbers Cheese Stick Peaches Milk</p> <p><u>PM Snack</u> Apple Milk</p>				
<p><u>Monday Breakfast</u> Crisp Rice Applesauce Milk</p>	<p><u>Tuesday Breakfast</u> Muffin Fruit Cocktail Milk</p>	<p><u>Wednesday Breakfast</u> Kix Mandarin Oranges Milk</p>	<p><u>Thursday Breakfast</u> Bagel Pears Milk</p>	<p><u>Friday Breakfast</u> Crispix Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu November 2020

Week of 11/2 – 11/6	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Diced Ham Peas Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Daycare Closed	Daycare Closed	Daycare Closed
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Green Beans Oranges	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/9 - 11/13	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Wax Beans Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Peas Oranges	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Green Bean Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/16-11/20	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Wax Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Ham Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Green Beans Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
--------	--	--	--

Week of 11/23-11/27	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Peas Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Breast Wax Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Daycare Closed	Daycare Closed	Daycare Closed
Friday	Daycare Closed	Daycare Closed	Daycare Closed

Week of 11/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

Menu is subject to Change