

The Gingerbread House Childcare Center Menu

October 2020

			<p>Pancakes Hash Browns Sausage Oranges Milk</p> <p>PM Snack Pita with Jelly Milk</p>	<p>WW Pizza Wax Beans Banana Milk</p> <p>PM Snack Animal Crackers Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Wax Beans Cheese Stick Peaches Milk</p> <p>PM Snack Rice Cakes Milk</p>	<p>Pasta with Meat Sauce Peas Oranges Milk</p> <p>PM Snack Cheese & Crackers Milk</p>	<p>Chicken & Pasta in Garlic Butter Sauce Corn Pineapples Milk</p> <p>PM Snack Trail Mix Milk</p>	<p>WW Ham & Cheese Wrap Green Beans Apples Milk</p> <p>PM Snack Pretzels Milk</p>	<p>WW Pita Pizza Sliced Carrots Banana Milk</p> <p>PM Snack Goldfish Milk</p>
<p>Daycare Closed</p> 	<p>Hamburger on Wheat Bun Corn on the Cob Fruit Cocktail Milk</p> <p>PM Snack Graham Cracker Milk</p>	<p>Cheese Ravioli with Meat Sauce Green Beans Banana Milk</p> <p>PM Snack Animal Crackers Milk</p>	<p>Baked Chicken WG Rice Corn Pineapples Milk</p> <p>PM Snack Cheese & Crackers Milk</p>	<p>WW Pizza Tomato/Cucumber Salad Applesauce Milk</p> <p>PM Snack Graham Crackers Milk</p>
<p>Vegan Chicken Tenders Peas Oranges Milk</p> <p>PM Snack Sun Butter & Crackers Milk</p>	<p>Meatloaf Roll Broccoli Pears Milk</p> <p>PM Snack Yogurt & Fruit Milk</p>	<p>Waffles Hash Browns Sausage Blueberries Milk</p> <p>PM Snack Graham Cracker Milk</p>	<p>Chicken with Sauce WW Bread Corn Peaches Milk</p> <p>PM Snack Pretzels Milk</p>	<p>WW Pita Pizza Green Beans Fruit Cocktail Milk</p> <p>PM Snack Banana Milk</p>
<p>Sun Butter & Jelly on Wheat Bread Wax Beans Cheese Stick Peaches Milk</p> <p>PM Snack Apple Milk</p>	<p>Grilled Cheese Pita Sliced Carrots Pears Milk</p> <p>PM Snack Apple Milk</p>	<p>Turkey & Gravy Sliced Bread Corn Mashed Potatoes Fruit Cocktail Milk</p> <p>PM Snack Pretzels Milk</p>	<p>Chicken & Cheese Quesadilla Corn Banana Milk</p> <p>PM Snack Cheese & Crackers Milk</p>	<p>WW Pizza Salad Pineapples Milk</p> <p>PM Snack Animal Crackers Milk</p>
<p>Monday Breakfast Toasted Oats Applesauce Milk</p>	<p>Tuesday Breakfast Muffin Fruit Cocktail Milk</p>	<p>Wednesday Breakfast Life Mandarin Oranges Milk</p>	<p>Thursday Breakfast Bagel Pears Milk</p>	<p>Friday Breakfast Rice Chex Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu October 2020

Week of 10/1 – 10/2	AM Breakfast	Lunch	PM Snack
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Peas Oranges	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/5 - 10/9	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Peas Oranges	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Bean Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/12-10/16	AM Breakfast	Lunch	PM Snack
Monday	Daycare Closed	Daycare Closed	Daycare Closed
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Green Beans Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/19-10/23	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Peas Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Sliced Carrots Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Breast Wax Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/26-10/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Mashed Potatoes Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Sliced Carrots Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Pineapples	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron

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