

# The Gingerbread House Childcare Center Menu

## January 2021

				<b>Daycare Closed</b> 
<b>French Toast Sticks</b> Hash Browns Sausage Peaches Milk  <b><u>PM Snack</u></b> Rice Cakes Milk	<b>Sloppy Joes on Wheat Bun</b> Peas Mandarin Oranges Milk  <b><u>PM Snack</u></b> Cheese & Crackers Milk	<b>Chicken &amp; Pasta Bake</b> Corn Pineapples Milk  <b><u>PM Snack</u></b> Trail Mix Milk	<b>WW Ham &amp; Cheese Wrap</b> Green Beans Apples Milk  <b><u>PM Snack</u></b> Pretzels Milk	<b>WW Pita Pizza</b> Sliced Carrots Banana Milk  <b><u>PM Snack</u></b> Goldfish Milk
<b>Tacos</b> Sliced Carrots Fruit Cocktail Milk  <b><u>PM Snack</u></b> Pita with Jelly Milk	<b>Hamburger on Wheat Bun</b> Corn on the Cob Pears Milk  <b><u>PM Snack</u></b> Goldfish Milk	<b>Cheese Ravioli with Meat Sauce</b> Peas Banana Milk  <b><u>PM Snack</u></b> Animal Crackers Milk	<b>Sun Butter &amp; Jelly on Wheat Bread</b> Wax Beans Cheese Stick Pineapples Milk  <b><u>PM Snack</u></b> Cheese & Crackers Milk	<b>WW Pizza</b> Tomato/Cucumber Salad Applesauce Milk  <b><u>PM Snack</u></b> Graham Crackers Milk
<b>Meatball Sub</b> Peas Mandarin Oranges Milk  <b><u>PM Snack</u></b> Sun Butter & Crackers Milk	<b>Grilled Cheese Pita</b> Sliced Carrots Pears Milk  <b><u>PM Snack</u></b> Apple Milk	<b>Chicken with Sauce WW Bread</b> Corn Peaches Milk  <b><u>PM Snack</u></b> Pretzels Milk	<b>Bologna &amp; Cheese</b> Green Beans Blueberries Milk  <b><u>PM Snack</u></b> Graham Cracker Milk	<b>WW Pita Pizza</b> Salad Fruit Cocktail Milk  <b><u>PM Snack</u></b> Banana Milk
<b>Chicken &amp; Cheese Quesadilla</b> Sliced Carrots Peaches Milk  <b><u>PM Snack</u></b> Apple Milk	<b>Meatloaf</b> Bread Slice Broccoli Pineapples Milk  <b><u>PM Snack</u></b> Yogurt & Fruit Milk	<b>Turkey &amp; Gravy</b> Sliced Bread Corn Mashed Potatoes Fruit Cocktail Milk  <b><u>PM Snack</u></b> Pretzels Milk	<b>Hummus Pita Bread</b> Cucumbers Cheese Stick Banana Milk  <b><u>PM Snack</u></b> Cheese & Crackers Milk	<b>WW Pizza</b> Green Beans Pears Milk  <b><u>PM Snack</u></b> Graham Crackers Milk
<b><u>Monday Breakfast</u></b> Crisp Rice Applesauce Milk	<b><u>Tuesday Breakfast</u></b> Muffin Fruit Cocktail Milk	<b><u>Wednesday Breakfast</u></b> Kix Mandarin Oranges Milk	<b><u>Thursday Breakfast</u></b> Bagel Pears Milk	<b><u>Friday Breakfast</u></b> Crispix Peaches Milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

# The Gingerbread House Childcare Center **6-12 month** Menu

## January 2021

Week of 1/1	AM Breakfast	Lunch	PM Snack
Friday	Daycare Closed	Daycare Closed	Daycare Closed

Week of 1/4 - 1/8	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Peas Mandarin Oranges	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Peas Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Bean Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Banana	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/11-1/15	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Ground Beef Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Diced Turkey Green Beans Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Peas Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Wax Beans Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/18-1/22	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Chicken Peas Mandarin Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Pears	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Wax Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Green Beans Blueberries	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 1/25-1/29	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Peaches	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Broccoli Pineapples	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Turkey Mashed Potatoes Fruit Cocktail	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Sliced Carrots Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Pears	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

1. Solid foods are gradually introduced around 6 months of age.
2. All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron  
Parent's Choice Infant Formula with Iron  
Wegman's Premium Infant Formula with Iron

**Menu is subject to Change**