

# The Gingerbread House Childcare Center Menu

May 2022

<p><b>Grilled Cheese Pita</b> Peas Oranges Milk</p> <p><b><u>PM Snack</u></b> Graham Crackers Milk</p>	<p><b>Chicken &amp; Cheese Quesadilla</b> Corn Apple Milk</p> <p><b><u>PM Snack</u></b> Animal Crackers Milk</p>	<p><b>Yogurt &amp; Peaches with Cereal</b> Green Beans Milk</p> <p><b><u>PM Snack</u></b> Pretzels Milk</p>	<p><b>Pasta Salad</b> Wax Beans Pineapples Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>	<p><b>WW Pita Pizza</b> Sliced Carrots Clementine's Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>
<p><b>Turkey Sub</b> Sliced Carrots Blueberries Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>Chicken Patty</b> Sweet Potato Fries Pineapples Milk</p> <p><b><u>PM Snack</u></b> Sun Butter &amp; Crackers Milk</p>	<p><b>Home Made "Lunchable"</b> Cheese, Pepperoni, Crackers Carrot Sticks Banana Milk</p> <p><b><u>PM Snack</u></b> Animal Crackers Milk</p>	<p><b>Ravioli with Meat Sauce</b> Salad Garlic Bread Peaches Milk</p> <p><b><u>PM Snack</u></b> Banana Milk</p>	<p><b>Stromboli</b> Green Beans Fruit Cocktail Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>
<p><b>Ham Wrap</b> Sliced Carrots Blueberries Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>Sweet &amp; Sour Chicken</b> Rice Wax Beans Banana Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>	<p><b>Cottage Cheese Cheese stick wrapped in Turkey</b> Peas Pears Milk</p> <p><b><u>PM Snack</u></b> Sun Butter &amp; Crackers Milk</p>	<p><b>Spanish Rice</b> Corn Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Cheese &amp; Crackers Milk</p>	<p><b>Garlic Cheesy Strips</b> Garden Salad Apple Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>
<p><b>Sun Butter/Jelly Sandwich</b> Cheese stick Sliced Carrots Blueberries Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>Chicken Sandwich</b> Green Beans Peaches Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>	<p><b>Egg/Cheese Sandwich</b> Hashbrowns Pears Milk</p> <p><b><u>PM Snack</u></b> Banana Milk</p>	<p><b>Macaroni &amp; Cheese</b> Peas Applesauce Milk</p> <p><b><u>PM Snack</u></b> Cheese Its Milk</p>	<p><b>WW Pizza</b> Tomato/Cucumber Salad Pineapples Milk</p> <p><b><u>PM Snack</u></b> Graham Crackers Milk</p>
<p><b>Daycare Closed</b> Memorial Day</p> 	<p><b>Chicken Teriyaki</b> Rice Peas Banana</p> <p><b><u>PM Snack</u></b> Cheese &amp; Crackers Milk</p>			
<p><b><u>Monday Breakfast</u></b> Crisp Rice Applesauce Milk</p>	<p><b><u>Tuesday Breakfast</u></b> Muffin or Biscuit Fruit Cocktail Milk</p>	<p><b><u>Wednesday Breakfast</u></b> Kix Mandarin Oranges Milk</p>	<p><b><u>Thursday Breakfast</u></b> Bagel Pears Milk</p>	<p><b><u>Friday Breakfast</u></b> Crispix Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

# The Gingerbread House Childcare Center **6-12 month** Menu

## April 2022

Week of 5/2- 5/6	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Peas Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Green Beans Peaches	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ham Wax Beans Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Oranges	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 5/9-5/13	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Pineapples	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Sliced Carrots Banana	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Wax Beans Peaches	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Fruit Cocktail	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 5/16-5/20	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Wax Beans Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Peas Pears	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Green Beans Tropical Fruit Salad	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Week of 5/23-5/27	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Sliced Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Green Beans Peaches	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Wax Beans Pears	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Turkey Peas Applesauce	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Pineapples	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Week of 5/30- 5/31	AM Breakfast	Lunch	PM Snack
Monday	<b>Daycare Closed</b>	<b>Daycare Closed</b>	<b>Daycare Closed</b>
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce

Depending on an infant's growth, development and eating habits:  
 Solid foods are gradually introduced around 6 months of age.  
 All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron  
 Parent's Choice Infant Formula with Iron  
 Wegman's Premium Infant Formula with Iron

**Menu is subject to Change**