

The Gingerbread House Childcare Center Menu

April 2024

Sun Butter & Jelly Sandwich Cheese Stick Wax Beans Clementine Milk <u>PM Snack</u> Oyster Crackers Milk	Sloppy Joes Peas Banana Milk <u>PM Snack</u> Graham Cracker Milk	Hummus Pita Bread Carrots Blueberries Milk <u>PM Snack</u> Pretzels Milk	Pepperoni & Cheese Lunchable Ritz Crackers Green Beans Banana Milk <u>PM Snack</u> Goldfish Milk	Pizza Salad Apple Milk <u>PM Snack</u> Trail Mix Milk
Yogurt Banana Bread Carrots Clementine Milk <u>PM Snack</u> Rice Cakes Milk	WW Grilled Cheese Sandwich Broccoli Banana Milk <u>PM Snack</u> WG Wheat Thins Milk	Chicken Caesar Salad Pita/Croutons Blueberries Milk <u>PM Snack</u> Cheez Its Milk	Macaroni & Cheese Baked Beans Banana Milk <u>PM Snack</u> Ritz Crackers Milk	English Muffin Pizza Peas Apple Milk <u>PM Snack</u> WG Animal Crackers Milk
WW Bologna & Cheese Sandwich Green Beans Clementine Milk <u>PM Snack</u> Oyster Crackers Milk	Tacos Corn Banana Milk <u>PM Snack</u> Graham Cracker Milk	Pancakes Sausage Hash Brown Blueberries Milk <u>PM Snack</u> Pretzels Milk	Chicken Broccoli Alfredo Banana Milk <u>PM Snack</u> Goldfish Milk	Pita Pizza Salad Apple Milk <u>PM Snack</u> Trail Mix Milk
Cottage Cheese Ritz Carrots Clementine Milk <u>PM Snack</u> Rice Cakes Milk	Scalloped Potatoes & Ham Bread Slice Banana Milk <u>PM Snack</u> WG Wheat Thins Milk	BBQ Chicken Sandwich Corn Blueberries Milk <u>PM Snack</u> Cheez Its Milk	Baked Beans & Buttered Noodles Broccoli Banana Milk <u>PM Snack</u> Ritz Crackers Milk	French Bread Pizza Peas Apple Milk <u>PM Snack</u> WG Animal Crackers Milk
WW Turkey & Cheese Sandwich Green Beans Clementine Milk <u>PM Snack</u> Oyster Crackers Milk	Dino Nuggets Bread Slice Mixed Vegetables Banana Milk <u>PM Snack</u> Graham Cracker Milk			
Monday Breakfast Rice Crisp/WG Oat Crisps Applesauce Milk	Tuesday Breakfast Corn Flakes Fruit Cocktail or Tropical Fruit Salad Milk	Wednesday Breakfast Rice Squares Mandarin Oranges Milk	Thursday Breakfast Bagel or Muffin Pears Milk	Friday Breakfast WG Toasted Oats Peaches or Pineapples Milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu

April 2024

Week of 4/1 – 4/5	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Sloppy Joes Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Hummus Carrots Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Green Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/8 - 4/12	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Carrots Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Diced Ham Broccoli Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Green Beans Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Cottage Cheese Baked Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/15-4/19	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Green Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Taco Meat Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Sausage Hash Brown Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Broccoli Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/22-4/26	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Carrots Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Diced Ham Scalloped Potatoes Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Green Beans Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Baked Beans Broccoli Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 4/29-4/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Green Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Diced Chicken Mixed Vegetables Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce

Depending on an infant's growth, development and eating habits:
Solid foods are gradually introduced around 6 months of age.
All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron
Menu is subject to Change