The Gingerbread House Childcare Center Menu

July 2024

| Cottage Cheese | Pulled Pork Sandwich | Macaroni Salad with | Daycare Closed | Daycare Closed |
|--------------------------|-----------------------------------|-----------------------------|--|---|
| Pita | Baked Beans | Ham, Cheese and Peas | , | + "1" / * * * * * * * * |
| Carrots | Banana | Blueberries | O le C lolot | |
| Clementine | Milk | Milk | enuppy ** | |
| Milk | | | ★ ## ## | * |
| | | | * Carrier of the carr | ** |
| | | | | |
| PM Snack | PM Snack | PM Snack | July | ***/////// |
| Oyster Crackers | Graham Cracker | Pretzels | 0 00 | + ** * * * * * * * * * * * |
| Milk | Milk | Milk | | |
| Turkey & Cheese Wrap | Chicken Riggies | Bologna & Cheese | Sun Butter & Jelly | Pizza |
| Corn | Peas & Carrots | Lunchable | Sandwich | Green Beans |
| Clementine | Banana | French Fries | Salad | Apple |
| Milk | Milk | Blueberries | Cheese Stick | Milk |
| | | Milk | Banana Milk | |
| PM Snack | PM Snack | PM Snack | IVIIK | |
| Rice Cakes | WG Wheat Thins | Cheez Its | PM Snack | PM Snack |
| Milk | Milk | Milk | Ritz Crackers | WG Animal Crackers |
| IVIIIX | Willix | WillX | Milk | Milk |
| Hummus | Chicken Patty | Ham & Cheese | Baked Ziti with Meat | Pizza |
| Pita | Baked Beans | Lunchable | Sauce | Mixed Vegetables |
| Wax Beans | Banana | Broccoli | Carrots | Apple |
| Clementine | Milk | Blueberries | Banana | Milk |
| Milk | | Milk | Milk | |
| | | | | |
| <u>PM Snack</u> | <u>PM Snack</u> | <u>PM Snack</u> | | <u>PM Snack</u> |
| Oyster Crackers | Graham Cracker | Pretzels | PM Snack | Trail Mix |
| Milk | Milk | Milk | Goldfish | Milk |
| | | | Milk | |
| Ham & Cheese Wrap | Chicken Parm | Pepperoni & Cheese | Chicken Alferdo | Pizza |
| Celery & Carrots Sticks | Sandwich | Lunchable | Green Beans | Corn |
| Clementine | Peas | Ritz Crackers | Banana | Apple |
| Milk | Banana | Tater Tots | Milk | Milk |
| | Milk | Blueberries | | |
| | | Milk | | |
| <u>PM Snack</u> | <u>PM Snack</u> | | <u>PM Snack</u> | <u>PM Snack</u> |
| Rice Cakes | WG Wheat Thins | <u>PM Snack</u> | Ritz Crackers | WG Animal Crackers |
| Milk | Milk | Cheez Its | Milk | Milk |
| | | Milk | | |
| Yogurt | Cheeseburger | Sun Butter on Ritz | | |
| Banana Bread | Mixed Vegetables | Cheese Stick | | |
| Cucumbers | Banana | Broccoli | \ \ / | LIFE - |
| Clementine | Milk | Milk | | |
| Milk | | | -(())- | |
| | | | | (Presser |
| DM Snook | DM Snock | PM Snock | | |
| PM Snack Oyster Crackers | <u>PM Snack</u> Graham Cracker | <u>PM Snack</u> Pretzels | " / | THE REACH |
| Milk | Milk | Milk | ,, ,, | ITIL DLACT |
| IVIIIN | IVIIIN | IVIIITA | | |
| Monday Breakfast | Tuesday Breakfast | Wednesday Breakfast | Thursday Breakfast | Friday Breakfast |
| Rice Crisp/WG Oat | Corn Flakes | Rice Squares | Bagel or Muffin | WG Toasted Oats |
| Crisps | Fruit Cocktail or Tropical | Mandarin Oranges | Pears | Peaches or |
| Applesauce | Fruit Salad | Milk | Milk | Pineapples |
| Milk | Milk | | | Milk |

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%. Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. Menu is subject to Change

The Gingerbread House Childcare Center 6-12 month Menu July 2024

| Week of 7/1 – 7/5 | AM Breakfast | Lunch | PM Snack |
|-------------------|--|---------------------------------------|---------------------------------------|
| Monday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Cottage Cheese | Toasted Oats |
| | Applesauce | Carrots | Mixed Fruit |
| | | Clementine | |
| Tuesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| • | Iron-fortified infant cereal | Pulled Pork | Saltine Crackers |
| | Fruit Cocktail or Tropical Fruit Salad | Baked Beans | Applesauce |
| | | Banana | |
| Wednesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| • | Iron-fortified infant cereal | Ham | Pita Bread |
| | Mandarin Oranges | Peas | Peaches |
| | | Blueberries | |
| Thursday | Daycare Closed | Daycare Closed | Daycare Closed |
| Friday | Daycare Closed | Daycare Closed | Daycare Closed |

| Week of 7/8 - 7/12 | AM Breakfast | Lunch | PM Snack |
|--------------------|--|---------------------------------------|---------------------------------------|
| Monday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Turkey | Toasted Oats |
| | Applesauce | Wax Beans | Mixed Fruit |
| | | Clementine | |
| Tuesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Chicken | Saltine Crackers |
| | Fruit Cocktail or Tropical Fruit Salad | Peas & Carrots | Applesauce |
| | | Banana | |
| Wednesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Ham | Pita Bread |
| | Mandarin Oranges | French Fries | Peaches |
| | | Blueberries | |
| Thursday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Yogurt | Ritz Crackers |
| | Pears | Peas | Applesauce |
| | | Banana | |
| Friday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Mozzarella Cheese | Toasted Oats |
| | Peaches or Pineapples | Green Beans | Mixed Fruit |
| | | Applesauce | |

| Week of 7/15-7/19 | AM Breakfast | Lunch | PM Snack |
|-------------------|--|---------------------------------------|---------------------------------------|
| Monday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| , | Iron-fortified infant cereal | Hummus | Toasted Oats |
| | Applesauce | Wax Beans | Mixed Fruit |
| | | Clementine | |
| Tuesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Diced Chicken | Saltine Crackers |
| | Fruit Cocktail or Tropical Fruit Salad | Baked Beans | Applesauce |
| | | Banana | |
| Wednesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Ham | Pita Bread |
| | Mandarin Oranges | Broccoli | Peaches |
| | | Blueberries | |

| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Ground Beef Carrots | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
|----------|--|---|--|
| | | Banana | |
| Friday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| | Iron-fortified infant cereal | Mozzarella Cheese | Toasted Oats |
| | Peaches or Pineapples | Mixed Vegetables | Mixed Fruit |
| | | Applesauce | |

| Week of 7/22-7/26 | AM Breakfast | Lunch | PM Snack |
|-------------------|---|--|---|
| Monday | Breast Milk or iron-fortified formula Iron-fortified infant cereal | Breast Milk or iron-fortified formula Diced Ham | Breast Milk or iron-fortified formula Toasted Oats |
| | Applesauce | Carrots Clementine | Mixed Fruit |
| Tuesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad | Breast Milk or iron-fortified formula Chicken Parm Peas Banana | Breast Milk or iron-fortified formula Saltine Crackers Applesauce |
| Wednesday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges | Breast Milk or iron-fortified formula Cottage Cheese Tater Tots Blueberries | Breast Milk or iron-fortified formula Pita Bread Peaches |
| Thursday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears | Breast Milk or iron-fortified formula Chicken Green Beans Banana | Breast Milk or iron-fortified formula Ritz Crackers Applesauce |
| Friday | Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples | Breast Milk or iron-fortified formula Mozzarella Cheese Carrots Applesauce | Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit |

| Week of 7/29 – 7/31 | AM Breakfast | Lunch | PM Snack |
|---------------------|--|---------------------------------------|---------------------------------------|
| Monday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| - | Iron-fortified infant cereal | Yogurt | Toasted Oats |
| | Applesauce | Green Beans | Mixed Fruit |
| | | Clementine | |
| Tuesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| , | Iron-fortified infant cereal | Cheeseburger | Saltine Crackers |
| | Fruit Cocktail or Tropical Fruit Salad | Mixed Vegetables | Applesauce |
| | | Banana | |
| Wednesday | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula | Breast Milk or iron-fortified formula |
| , | Iron-fortified infant cereal | Cottage Cheese | Pita Bread |
| | Mandarin Oranges | Broccoli | Peaches |
| | | Blueberries | |

Depending on an infant's growth, development and eating habits:

Solid foods are gradually introduced around 6 months of age.

All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron Parent's Choice Infant Formula with Iron

Parent's Choice Infant Formula with Iron Wegman's Premium Infant Formula with Iron

Menu is subject to Change