

# The Gingerbread House Childcare Center Menu

## August 2024

			<p><b>Turkey &amp; Cheese Sandwich</b> Green Beans Banana Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>	<p><b>Pizza</b> Salad Apple Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>
<p><b>Hummus</b> Pita Green Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>Grilled Cheese</b> Broccoli Banana Milk</p> <p><b><u>PM Snack</u></b> WG Wheat Thins Milk</p>	<p><b>Bologna &amp; Cheese Lunchable</b> Mixed Vegetables Blueberries Milk</p> <p><b><u>PM Snack</u></b> Cheez Its Milk</p>	<p><b>Chicken Riggies</b> Carrots Banana Milk</p> <p><b><u>PM Snack</u></b> Ritz Crackers Milk</p>	<p><b>Pizza</b> Peas Apple Milk</p> <p><b><u>PM Snack</u></b> WG Animal Crackers Milk</p>
<p><b>Cottage Cheese</b> Ritz Crackers Wax Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Oyster Crackers Milk</p>	<p><b>Sloppy Joes</b> Mixed Vegetables Banana Milk</p> <p><b><u>PM Snack</u></b> Graham Cracker Milk</p>	<p><b>Turkey &amp; Cheese Sub</b> Baked Beans Blueberries Milk</p> <p><b><u>PM Snack</u></b> Pretzels Milk</p>	<p><b>Ham &amp; Cheese Wrap</b> Corn Banana Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>	<p><b>Pizza</b> Salad Apple Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>
<p><b>Yogurt</b> Banana Bread Carrots Clementine Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes Milk</p>	<p><b>Chicken Quesadilla</b> Corn Banana Milk</p> <p><b><u>PM Snack</u></b> WG Wheat Thins Milk</p>	<p><b>Ham &amp; Cheese Lunchable</b> Ritz Crackers Green Beans Blueberries Milk</p> <p><b><u>PM Snack</u></b> Cheez Its Milk</p>	<p><b>Pasta with Meat Sauce</b> Peas Banana Milk</p> <p><b><u>PM Snack</u></b> Ritz Crackers Milk</p>	<p><b>Pizza</b> Broccoli Apple Milk</p> <p><b><u>PM Snack</u></b> WG Animal Crackers Milk</p>
<p><b>Sun Butter &amp; Jelly Sandwich</b> Cheese Stick Green Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Oyster Crackers Milk</p>	<p><b>Soft Tacos</b> Salad Banana Milk</p> <p><b><u>PM Snack</u></b> Graham Cracker Milk</p>	<p><b>Turkey &amp; Cheese Lunchable</b> Ritz Crackers Cucumbers Blueberries Milk</p> <p><b><u>PM Snack</u></b> Pretzels Milk</p>	<p><b>Egg &amp; Cheese Wrap</b> Hash Browns Banana Milk</p> <p><b><u>PM Snack</u></b> Goldfish Milk</p>	<p><b>Pizza</b> Mixed Vegetables Apple Milk</p> <p><b><u>PM Snack</u></b> Trail Mix Milk</p>
<p><b><u>Monday Breakfast</u></b> Rice Crisp/WG Oat Crisps Applesauce Milk</p>	<p><b><u>Tuesday Breakfast</u></b> Corn Flakes Fruit Cocktail or Tropical Fruit Salad Milk</p>	<p><b><u>Wednesday Breakfast</u></b> Rice Squares Mandarin Oranges Milk</p>	<p><b><u>Thursday Breakfast</u></b> Bagel or Muffin Pears Milk</p>	<p><b><u>Friday Breakfast</u></b> WG Toasted Oats Peaches or Pineapples Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

# The Gingerbread House Childcare Center **6-12 month** Menu

## August 2024

Week of 8/1 – 8/2	AM Breakfast	Lunch	PM Snack
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Turkey Green Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/5 - 8/9	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Hummus Green Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Cottage Cheese Broccoli Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ham Mixed Vegetables Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Carrots Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Peas Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/12-8/16	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Wax Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Sloppy Joe Mixed Vegetables Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Baked Beans Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Diced Ham Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/19-8/23	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Carrots Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Diced Ham Green Beans Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Broccoli Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 8/26 – 8/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Taco Meat Wax Beans Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Turkey Carrots Blueberries	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Egg Hash Browns Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Mixed Vegetables Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Depending on an infant's growth, development and eating habits:

Solid foods are gradually introduced around 6 months of age.

All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron  
Parent's Choice Infant Formula with Iron  
Wegman's Premium Infant Formula with Iron  
**Menu is subject to Change**