




# The Gingerbread House Childcare Center Menu

October 2024

	<p><b>Chicken Broccoli Rice Bowl</b> Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Yogurt with Oats Water</p>	<p><b>Cottage Cheese</b> WW Wheat Thins Cucumbers Pineapple Milk</p> <p><b><u>PM Snack</u></b> Blueberries Milk</p>	<p><b>Pasta with Meat Sauce</b> Baked Beans Banana Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes with Sun Butter Water</p>	<p><b>Pizza</b> Green Beans Apple Milk</p> <p><b><u>PM Snack</u></b> Clementine Milk</p>
<p><b>Bean and Cheese Quesadilla</b> Wax Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Blueberries Milk</p>	<p><b>Chicken in Gravy over Mashed Potatoes</b> Pita Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Banana with Sunbutter Water</p>	<p><b>Sunbutter and Jelly on a Pita</b> Cheese Stick Carrots Pineapple Milk</p> <p><b><u>PM Snack</u></b> Fruit Parfait Milk</p>	<p><b>Chicken Riggies</b> Peas and Carrots Banana Milk</p> <p><b><u>PM Snack</u></b> Cucumbers with dip Milk</p>	<p><b>Pizza</b> Salad Apple Milk</p> <p><b><u>PM Snack</u></b> Yogurt with Oats Water</p>
<p><b>Daycare Closed</b></p> 	<p><b>Yogurt with Cereal</b> Cucumbers Pineapple Milk</p> <p><b><u>PM Snack</u></b> Blueberries Milk</p>	<p><b>Caesar Chicken Rice Bowl</b> Broccoli Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Yogurt with Banana Water</p>	<p><b>Lasagna with Meat Sauce</b> Baked Beans Banana Milk</p> <p><b><u>PM Snack</u></b> Rice Cake with Sunbutter Water</p>	<p><b>Pizza</b> Green Beans Apple Milk</p> <p><b><u>PM Snack</u></b> Clementine Milk</p>
<p><b>Grilled Cheese on Wheat Bread</b> Wax Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Blueberries Milk</p>	<p><b>Meat Sauce over Rice</b> Corn Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Banana with Sunbutter Water</p>	<p><b>Hummus</b> Pita Carrots Pineapple Milk</p> <p><b><u>PM Snack</u></b> Fruit Parfait Milk</p>	<p><b>Buttered Parmesan Noodles</b> Baked Beans Broccoli Banana Milk</p> <p><b><u>PM Snack</u></b> Cucumbers with dip Milk</p>	<p><b>Pizza</b> Green Beans Apple Milk</p> <p><b><u>PM Snack</u></b> Yogurt with Oats Water</p>
<p><b>Sunbutter and Jelly on Pita</b> Cheese Stick Wax Beans Clementine Milk</p> <p><b><u>PM Snack</u></b> Apple Milk</p>	<p><b>Taco Rice Bowl with Beans and Corn</b> Tropical Fruit Salad Milk</p> <p><b><u>PM Snack</u></b> Yogurt with Banana Water</p>	<p><b>Cottage Cheese</b> WW Wheat Thins Cucumbers Pineapple Milk</p> <p><b><u>PM Snack</u></b> Blueberries Milk</p>	<p><b>Chicken Alfredo over Shells</b> Baked Beans Banana Milk</p> <p><b><u>PM Snack</u></b> Rice Cakes with Sunbutter Water</p>	
<p><b><u>Monday Breakfast</u></b> Toasted Oats Applesauce Milk</p>	<p><b><u>Tuesday Breakfast</u></b> Bagel with Cream Cheese Fruit Cocktail Milk</p>	<p><b><u>Wednesday Breakfast</u></b> Egg Sandwich or Wrap Mandarin Oranges Milk</p>	<p><b><u>Thursday Breakfast</u></b> Muffin Pears Milk</p>	<p><b><u>Friday Breakfast</u></b> Pancakes or Waffles Peaches Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

# The Gingerbread House Childcare Center **6-12 month** Menu

## October 2024

Week of 10/1 – 10/4	AM Breakfast	Lunch	PM Snack
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Broccoli Tropical Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Peas Pineapple	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Baked Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/7 - 10/11	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Black Beans Wax Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Mashed Potatoes Tropical Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Carrots Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas and Carrots Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sliced Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/14-10/18	AM Breakfast	Lunch	PM Snack
Monday	Daycare Closed	Daycare Closed	Daycare Closed
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Chicken Broccoli Tropical Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Yogurt Green Beans Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches

Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Ground Beef Baked Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/21-10/25	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Wax Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Ground Beef Peas Tropical Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Hummus Carrots Pineapples	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Baked Beans Broccoli Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 10/28-10/31	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Yogurt Wax Beans Clementine	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail	Breast Milk or iron-fortified formula Taco Meat Peas Tropical Fruit Salad	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Carrots Pineapple	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Baked Beans Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Depending on an infant's growth, development and eating habits:  
 Solid foods are gradually introduced around 6 months of age.  
 All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron  
 Parent's Choice Infant Formula with Iron  
 Wegman's Premium Infant Formula with Iron  
**Menu is subject to Change**